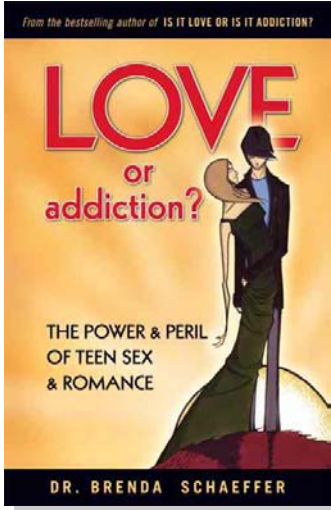




ENDORSEMENTS: Love or Addiction?



Love or Addiction?
The Power & Peril of Teen Sex & Romance
Dr. Brenda Schaeffer

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"Brenda Schaeffer is one of those gifted relationship writers who knows how to tell stories that motivate a person to stop and think. This book will be an eye-opener for anyone, whether a teen or adult, who wants to understand how the gifts of sex, love, and romance can be turned into the drug of choice."

—Jennifer M. Schneider, M.D., Ph.D., *Author of Untangling the Web and Back From Betrayal*

"A must for anyone wanting to understand that most adult relationship problems or compulsive use of sex, love and romance, get jumpstarted in our teens. I commend Dr. Schaeffer for talking to teens and young adults and not about them...and putting out warning signs with out judgment."

—Mark Laaser, Ph.D., speaker & author of *How to Talk to Your Teens about Sex*

"This book is fabulous! Every parent and grandparent should read this book. I only wish I had read this book when I was a teen."

—Barbara Carlson, author, well-known Minnesota politician, and former radio host

"This book has an awesome combination of real-life stories, illustrations and a bonus disc with music! I invite everybody to read this and learn more about their friends, themselves, and their relationships."

—A 17 year-old student

"We are thrilled Dr. Schaeffer, one of our clinical consultants, is taking her popular theme, *Is It Love or Is It Addiction?* to another crucial audience: teens, young adults, and those who care about them. If we can help at this stage we can avert severe and painful consequences later in life. I place it as compulsory reading for those who work with adolescents."

—Don Serratt, CEO, Life Works, England

Dr. Brenda Schaeffer is a licensed psychologist, certified addictions specialist and best-selling author. With over 500,000 copies sold, she has helped countless people find their way from the trials and confusions of addictive love to the fulfillment of whole and healthy relationships. She has been featured on a variety of national broadcast programs, such as Fox' *The O'Reilly Factor*; and in publications such as the *Washington Post* and *Fitness Magazine*. She is the founder of Healthy Relationships, a Minneapolis-based practice where she conducts therapy, training and workshops.

For more information on her work, visit www.brendaschaeffer.com

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